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Sierra Foothills Cycling Club

Monthly Newsletter

June 2026

MAY IS BIKE MONTH Recap!

May is Bike Month wrapped up with members putting in a lot of good miles throughout the month.

Congratulations to our top five mileage leaders for May Bike Month!

Place

- 1 Bob Montuori 1151 miles
- 2 Jim Otto 1140 miles
- 3 Michael Thiers 1120 miles
- 4 John Chiarello 1106 miles
- 5 Wigbert Sy 1001 miles

This year looked a little different than in the past. Riders were using Love to Ride, NorCal GO, or in some cases both, which made mileage tracking a little more complicated than usual. The format also changed, and clubs were not competing against each other in the same way they had in previous years.

Even with those changes, it was still good to see members getting out, putting in miles, and keeping May is Bike Month going within the club. At the end of the day, it was still a good reason to ride a little more, spend time with other members, and make the most of the month.

Thank you to everyone who participated and helped make it a good month on the bike!

PRESIDENT ELECTION YEAR

Club Leadership Update

We'll be voting in a new **Club President** this year. The role is focused on board leadership and meeting facilitation: a strong meeting leader who encourages participation from all board members and keeps discussion balanced, respectful, and on track, while also setting clear agendas and keeping projects and action items moving forward. This role helps keep the board organized and the club moving forward.

If you are interested in serving or would like more information, reply to this email or contact Bob Peterson.

UPCOMING ENDURO RIDE

Another month and another great enduro planned!

PETALUMA Enduro

SATURDAY JUNE 20th

JULY Enduro

SATURDAY JULY 11th

We need a ride leader!

See the **CALENDAR** for all the details

RIDE SMART, RIDE SAFE ♂

June Safety Tips

June weather is usually pretty great for riding, but wind can still be a factor, and conditions can change quickly in open areas.

Wind and Crosswind Awareness

Gusts can push you sideways, especially when you come out from behind trees or buildings into an open stretch. Give a little extra space between riders, keep your line steady, and be extra careful when passing.

More People, More Variables

Summer brings more walkers, runners, kids, and dogs on paths and at trail crossings. Slow down a touch in busy areas, call out passes early, and be ready for someone to step sideways without looking.

Road Debris

Even with good weather, shoulders can still be littered with gravel, branches, and small potholes from earlier storms. Look farther ahead, avoid last second swerves, and point out hazards early so the rider behind you has time to react.

EZ RIDERS

Jen Fink has some great momentum going with our EZ Riders ride, usually scheduled on Saturdays, so please continue to check the ride calendar for the most current details. Let's support Jennifer in keeping this ride going. It's a great addition to our calendar and a great option for our members!

SFCC will always give us hills, but they don't have to take all our energy. EZ Riders is about choosing routes with gentler climbs, shorter distances when things get steep, and a pace that leaves you smiling at the end. Whether you're easing back after time off, recovering from a busy week, or simply prefer a more relaxed ride, this group is for you. Join us, enjoy the scenery, and remember: cycling should feel good. ♀

Jennifer Fink

2026 CLUB EVENTS

ANNUAL SUMMER CAMP PETALUMA

June 18-21

MOUNT SHASTA CAMP

August 31st- September 4th 2026!

ANNUAL CLUB PICNIC WITH RIDE LEADER APPRECIATION RECOGNITION

October 10th

SUMMER CAMP PETALUMA

Summer Camp is coming up **June 18 through June 21** in Petaluma, and it should be a really fun four day weekend. Expect great routes with some memorable climbs and a great mix of riding throughout the weekend. There is something for everyone.

We will be staying at Home2Suites, with a daily Happy Hour after the ride, time to catch up with friends and rehash the day, and a group dinner on Saturday. It is always a great weekend of riding and club camaraderie!

Click the link [here](#) for more details and to register!

CLUB POLICY - GUESTS

Club Policy on Guests Joining Rides

We love seeing new faces at our rides and events, and we encourage you to invite guests to join us. It's a great way to grow our club and share the joy of cycling with others. To help ensure everyone understands our policy, here's a quick reminder about how guests can participate:

- **Guests are welcome to join us for one ride or event as a trial experience.**
- **To participate again, they'll need to become a club member.**

This policy allows us to give potential new members a chance to see what our club is all about while maintaining the benefits and support that come with membership.

If you have a guest who's interested in joining, feel free to share information about our membership process or direct them to the club's [website](#). We're always excited to welcome new members into our community!

Thank you for helping us grow our club and for making it such a welcoming club for cyclists of all levels.

LET'S GET SOCIAL!

Did you know we have an [SFCC Facebook](#) page? This is where **we post photos from rides and events**, share updates, and keep members informed about upcoming activities. It's a great way to stay connected, celebrate our rides, and engage with fellow members!

On our **Facebook** page, you can:

- See and share photos from club rides and events
- Stay updated on upcoming rides and special events
- Connect with other members and share your cycling experiences
- Get important club announcements and reminders

CLUB MERCH





The socks are \$10/pair. If you intend to buy some, please bring exact change.

deb2don.dh@gmail.com

Contact Deb if you're interested in ordering clothing.

Let's spread good vibes, not germs!



We all want to keep the group healthy and riding strong. If you're feeling off — coughing, sneezing, or running any symptoms — please take some time to rest and recover at home.

Even if you're starting to feel better but still not quite back to 100%, it's best to sit this one out so we don't pass anything around.

Let's be thoughtful and keep the good energy alive — no need to share germs when you can share a future ride instead! Your health and the health of everyone else matters most. And remember, your health is our priority!

NEW MEMBERS

Genevieve Callahan

David Evans

Laura Dean

Bryden Triggs

Debbie Hughes

Kim McClain

Bill Goerke

David Cummings

BOARD MEMBERS

President | **Bob Peterson** | president@sfcyclists.org

Vice President | **Kim Moyano** | vp@sfcyclists.org

Secretary | **Steve Peck** | secretary@sfcyclists.org

Ride Director | **Pamela Connor** | rides@sfcyclists.org

Treasurer | **Doug Parks** | treasurer@sfcyclists.org

Membership Director | **Monica Pappas** | membership@sfcyclists.org

Webmaster | **Larry Merlo** | webmaster@sfcyclists.org

Email Moderator | **Monica Pappas** | moderator@sfcyclists.org

Merchandise Chair | **Deb Hallford** | merchandise@sfcyclists.org

SFCC Consultant | **Larry Matz**

Bicycle Advocacy & Safety Team Chair | **Dana Hofheinz** | advocacyandsafety@sfcyclists.org

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