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Sierra Foothills Cycling Club

Monthly Newsletter

May 2026

MAY IS BIKE MONTH!

May is Bike Month, which starts TOMORROW, and it is a good excuse to get out, ride more, and see how many miles we can rack up during the month of May.

There are still a few things that are not completely clear this year, including whether there will be teams and a leaderboard like we have had in the past. But either way, we can still have fun with it and make it a strong month of riding for the club.

Our May is Bike Month kickoff picnic will be on May 2nd. We will have two routes, followed by **potluck** picnic, so please plan on bringing something to share. Please **RSVP** so we can get a headcount for planning.

Back by popular demand: Deb will be putting on a raffle for our MIBM ride and potluck on **Saturday, May 2, 2026!**

You are all encouraged to donate items you think someone else can use. Just bring them to the beginning of the rides so I can organize them to be raffled off during lunch. Tickets will be available for purchase for \$2.00 each.

Here's the [event page](#) where you can RSVP and get more information on how to join the team.

PRESIDENT ELECTION YEAR

Club Leadership Update

We'll be voting in a new **Club President** this year. The role is focused on board leadership and meeting facilitation: a strong meeting leader who encourages participation from all board members and keeps discussion balanced, respectful, and on track, while also setting clear agendas and keeping projects and action items moving forward. This role helps keep the board organized and the club moving forward.

If you are interested in serving or would like more information, reply to this email or contact Bob Peterson.

UPCOMING ENDURO RIDE

Another month and another great enduro planned!

Napa Enduro

SATURDAY MAY 9th

June Petaluma Enduro

SATURDAY JUNE 20th

See the [CALENDAR](#) for all the details

RIDE SMART, RIDE SAFE 

May Safety Tip

Tail Lights and Safety

As we continue to keep safety front and center on SFCC rides, we strongly encourage all riders to use a tail light. It is one of the simplest and most effective ways to increase visibility, especially on roads with shade, curves, narrow shoulders, or changing light. Tail lights help drivers see us sooner, and they also help riders stay more aware of each other when a group gets stretched out. Many members already use them, and we would love to see this become a consistent habit on all club rides. A small light can make a big difference!

EZ RIDERS

Jen Fink has some great momentum going with our EZ Riders ride, usually scheduled on Saturdays, so please continue to check the ride calendar for the most current details. Let's support Jennifer in keeping this ride going. It's a great addition to our calendar and a great option for our members!

SFCC will always give us hills, but they don't have to take all our energy. EZ Riders is about choosing routes with gentler climbs, shorter distances when things get steep, and a pace that leaves you smiling at the end. Whether you're easing back after time off, recovering from a busy week, or simply prefer a more relaxed ride, this group is for you. Join us, enjoy the scenery, and remember: cycling should feel good. ♀
Jennifer Fink

2026 CLUB EVENTS

MAY IS BIKE MONTH - KICKOFF RIDE AND POTLUCK

Saturday May 2nd
Granite Bay Park

MEMORIAL RIDE - RIDE OF REMEMBRANCE
Meadow Vista
Saturday May 30st

ANNUAL SUMMER CAMP PETALUMA
June 18-21

MOUNT SHASTA CAMP

August 31st- September 4th 2026!

ANNUAL CLUB PICNIC WITH RIDE LEADER APPRECIATION RECOGNITION
October 3rd

SUMMER CAMP PETALUMA

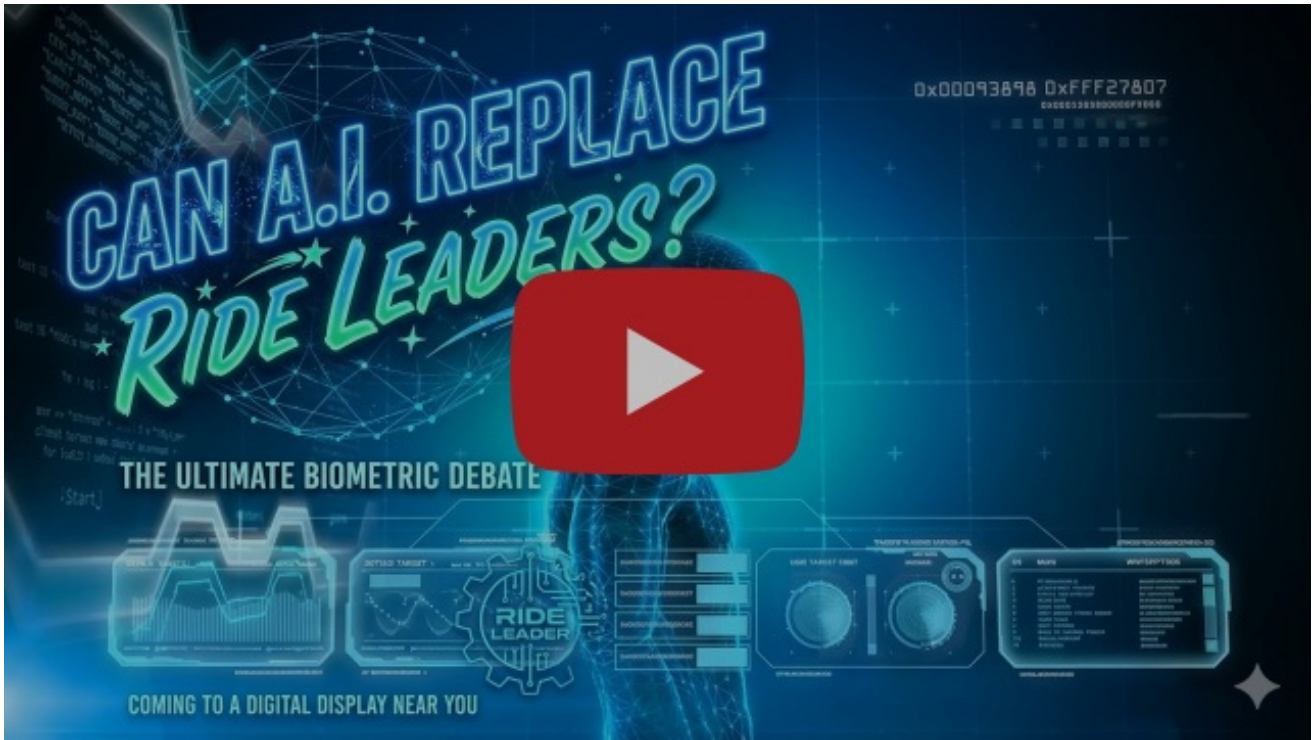
Summer Camp is coming up **June 18 through June 21** in Petaluma, and it should be a really fun four day weekend. Expect great routes with some memorable climbs and a great mix of riding throughout the weekend. There is something for everyone.

We will be staying at Home2Suites, with a daily Happy Hour after the ride, time to catch up with friends and rehash the day, and a group dinner on Saturday. It is always a great weekend of riding and club camaraderie!

Click the link [here](#) for more details and to [register](#).

MERLO'S RIDE REELS

A.I. is transforming our world in ways we never expected... and cycling clubs may be next.
Watch the video and see how A.I. infiltrates even our own SFCC.



CLUB POLICY - GUESTS

Club Policy on Guests Joining Rides

We love seeing new faces at our rides and events, and we encourage you to invite guests to join us. It's a great way to grow our club and share the joy of cycling with others. To help ensure everyone understands our policy, here's a quick reminder about how guests can participate:

- **Guests are welcome to join us for one ride or event as a trial experience.**
- **To participate again, they'll need to become a club member.**

This policy allows us to give potential new members a chance to see what our club is all about while maintaining the benefits and support that come with membership.

If you have a guest who's interested in joining, feel free to share information about our membership process or direct them to the club's [website](#). We're always excited to welcome new members into our community!

Thank you for helping us grow our club and for making it such a welcoming club for cyclists of all levels.

LET'S GET SOCIAL!

Did you know we have an [SFCC Facebook](#) page? This is where **we post photos from rides and events**, share updates, and keep members informed about upcoming activities. It's a great way to stay connected, celebrate our rides, and engage with fellow members!

On our **Facebook** page, you can:

- See and share photos from club rides and events
- Stay updated on upcoming rides and special events
- Connect with other members and share your cycling experiences
- Get important club announcements and reminders

CLUB MERCH





SFCC has purchased club stickers that are free to all SFCC members. These are custom-made with the SFCC logo on them and are approximately 5" x 3.25"

The socks are \$10/pair. If you intend to buy some, please bring exact change.

deb2don.dh@gmail.com

Contact Deb if you're interested in ordering clothing.

Let's spread good vibes, not germs!



We all want to keep the group healthy and riding strong. If you're feeling off — coughing, sneezing, or running any symptoms — please take some time to rest and recover at home.

Even if you're starting to feel better but still not quite back to 100%, it's best to sit this one out so we don't pass anything around.

Let's be thoughtful and keep the good energy alive — no need to share germs when you can share a future ride instead! Your health and the health of everyone else matters most. And remember, your health is our priority!

NEW MEMBERS

Douglas Moore

BOARD MEMBERS

President | **Bob Peterson** | president@sfcyclists.org

Vice President | **Kim Moyano** | vp@sfcyclists.org

Secretary | **Steve Peck** | secretary@sfcyclists.org

Ride Director | **Pamela Connor** | rides@sfcyclists.org

Treasurer | **Doug Parks** | treasurer@sfcyclists.org

Membership Director | **Monica Pappas** | membership@sfcyclists.org

Webmaster | **Larry Merlo** | webmaster@sfcyclists.org

Email Moderator | **Monica Pappas** | moderator@sfcyclists.org

Merchandise Chair | **Deb Hallford** | merchandise@sfcyclists.org

SFCC Consultant | **Larry Matz**

Bicycle Advocacy & Safety Team Chair | **Dana Hofheinz** | advocacyandsafety@sfcyclists.org

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