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Monthly Newsletter November 2024

CLUB EVENTS

Annual Ride Leader Ride and Lunch 🌮🚴

Calling All Ride Leaders!

Saturday, November 16th

We're throwing a Ride Leader Appreciation Ride & Lunch, and trust us—you won't want to miss it!

You've given your time, energy, and enthusiasm as a ride leader, and now it's our turn to say a BIG THANK YOU! 🙌 Join us and your fellow ride leaders for a day full of fun, good vibes, and awesome company. 🚴🎧

What's in store?

- 🚴 Ride
- 🌟 Delicious food, Taco Bar (Veggie, GF, DF, too)
- 🎵 Music
- 🎁 Prizes
- 🏆 And the exciting announcement of our Top 5 Ride Leaders AND the Ride Leader of the Year!

We need your RSVP by November 9th.

[Details Here](#)

Next Enduro Bridges without Vallejo

Saturday, November 9th

Starts in Benicia

This is a great route!

[Details here](#)

Holiday Party

Mark your calendars!

Friday December 6th 6:30pm

[Details and RSVP Here](#)

Annual Poker Ride

Wednesday, January 1st

Mark your calendars and more details to come.

CLUB NEWS





Board Member Position FILLED

We're excited to announce that the Secretary board position has been filled by our dedicated member, **Linda Tobia**. Please join us in giving her a warm welcome to this important role! Linda brings a wealth of experience and enthusiasm, and we're confident she'll be a fantastic addition to our leadership team.

As Secretary, Linda will be responsible for keeping accurate meeting records and ensuring effective communication among board members. Her contributions will be instrumental in helping us stay organized and continue to grow. Linda enjoys doing our Wednesday ride and eating gluten free muffins. 🍪

Volunteer Opportunity

Join Us for the Parade of Lights! 🎄

Mark your calendars! We're excited to announce that our club will be participating in the Parade on December 3rd, and we're looking for 20+ cyclists to join us. Here are the details: 🧑🏻

- Date: Sunday, December 3rd
- Time: Parade starts at 5:30 PM (Staging begins at 5:00 PM)
- Staging Location: Along Cherry Street
- Route: Cherry St > Lincoln St > High St > Fairgrounds
- End Location: Fairgrounds (disperse from here at the end of the route)

- We will be part of the Endurance Capital Committee contingent, alongside a float, horses, and other cyclists.
- Decorate your bikes with simple and safe bright lighting to make a great impression!
- **Important Note:** We are not permitted to toss candy or other items to onlookers.

We encourage you to arrive by **5:00 PM** to get staged and finalize your bike decor. This should give you enough time, depending on how elaborate your decorations are!

Join us for a fun and festive evening—let's light up the streets and show our club spirit! 🎅👤🎄

[Event Page Here](#)

BIKE THE VOTE!

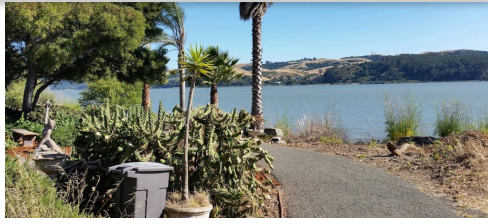
Local elections are an opportunity to voice your support for a more bike-friendly Placer County! SFCC and our Bicycle Advocacy and Safety Team is here to help you Bike the Vote by sharing City Council and Placer County Board of Supervisor candidates' responses to our questions on bicycling issues.

SFCC AND BAST does **not** endorse candidates for public office, but we are able to share information so that you can arrive at your own conclusion. We are distributing a questionnaire to local non-partisan elections for City Council and Placer County Board of Supervisors and will update you via email in the next few weeks with the responses (or lack of responses) we receive

<https://www.bikesonoma.org/our-work/advocacy/bike-the-vote/>

If you have any questions, feel free to reach out to Dana at danabhof@sbcglobal.net

UPCOMING ENDURO RIDE



November Enduro!

Another Month and Another Great Enduro Ride
Bridges Edition!

Saturday November 9th

Start time 9 am

See the **CALENDAR** for more information.

CALENDAR

MEMBER SPOTLIGHT: WANDA SHIOTSUKA



There are two recreational sports that I really love. The first is whitewater kayaking and the second is cycling. I love to travel and go to new and interesting places and I've done so with these activities. Besides the Western states, I've

I had a rewarding career as an Occupational Therapist specializing in treating hand injuries and diseases.

I live in Grass Valley and upon moving here I began acting in an Asian theater group called CATS, Community Asian Theater of the Sierras. I've played roles in Chinese, Japanese, and Tibetan dramas. My most fun and unique characters have been a cat, a Bodhisattva, and a eunuch.

I am married to Bob Center with whom I have traveled, paddled, skied, and cycled with. I am a Childless Cat Woman.

Club Stickers and High Viz Socks





SFCC has purchased club stickers that are free to all SFCC members. These are custom made with the SFCC logo on them and are approximately 5" x 3.25".



We have high viz socks! Small and XL left. Contact Deb for size, payment, and pick-up arrangements.

deb2don.dh@gmail.com



Let's spread good vibes, not germs! 🍦

Here's a friendly reminder that if you're feeling under the weather, stay cozy at home. Coughs, sneezes, and other symptoms? 🤧 They're all contagious! So, if you're feeling off, take a rain check and join us when you're back to 100%. 👍 Don't forget, even if you're feeling better now than the day you became sick and still have symptoms, you're contagious. 🙄

Let's spread good vibes, not germs! 🍦 And remember, your health is our priority!

Welcome New Members

Easy Rollers Ride

Get Ready to Roll: Easy Rollers Needs YOU!

This weekly ride is perfect for those who enjoy cruising at 11-12 mi/hr, and we want to make sure it stays on the calendar consistently. But to keep this ride rolling, we need both ride leaders and riders!

Here's the exciting part: as a ride leader, you have full flexibility! **You get to choose** the day of the week, the route, and the start time that works best for you.

This ride is designed to be fun, laid-back, and all about enjoying the ride at a **relaxed pace.**

To keep this going, we need ride leaders. It's a fantastic way to get involved, meet fellow riders, and make sure everyone has a chance to enjoy this ride format.

If you're ready to jump in as a ride leader or rider, please email me directly at pamela@connorwellnessclinic.com. Let's keep Easy Rollers rolling strong!

Thanks for being such an awesome part of our club!

Board Members

President | **Bob Peterson** | president@sfcyclists.org

Vice President | **Kim Moyano** | vp@sfcyclists.org

Secretary | **Linda Tobia** | secretary@sfcyclists.org

Ride Director | **Pamela Connor** | rides@sfcyclists.org

Treasurer | **Doug Parks** | treasurer@sfcyclists.org

Membership Director | **Monica Pappas** | membership@sfcyclists.org

Webmaster | **Larry Merlo** | webmaster@sfcyclists.org

Email Moderator | **Monica Pappas** | moderator@sfcyclists.org

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SFCC Consultant | **Larry Matz**

Bicycle Advocacy & Safety Team Chair | **Dana Hofheinz** |

advocacyandsafety@sfcyclists.org

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