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Monthly Newsletter

November 2025

UPCOMING ENDURO RIDE

MERRILL'S BIRTHDAY ENDURO! 🚴🏍️🚴🏍️🚴🏍️🚴🏍️🚴🏍️🚴🏍️🚴🏍️

Another month and another great enduro planned!

It's time to make your carpooling arrangements!

SATURDAY NOVEMBER 15th

See the [CALENDAR](#) for all the details

RIDE SMART, RIDE SAFE 🚴🏍️

Nothing beats a great ride when everyone feels confident and safe. By stepping up our **awareness** and looking out for one another, we can ensure that every SFCC ride is not only fun but also worry-free.

- **Group Spacing In The Wet**
Add 1–2 bike lengths. No overlapping wheels. Signal sooner; smooth is safe.
- **Be Predictable**
Hold a steady line, signal before changing position, and avoid sudden moves. Ride as if another cyclist is on your wheel. It helps everyone ride more smoothly.
- **Wet Leaves Are Slick**
Treat them like an oil slick. Brake before, stay upright over them, and soft-pedal until clear.

- **Lights Front and Back**

Overcast flattens contrast. Charge them, aim them, steady front and flash rear.

Chain Reaction | Member Stories

EASTERN ORGAN TOUR

Ed Keller and I embarked upon an eight-day tour in eastern Oregon in late July and early August. There were thirty people in this group, the Wheel Tales.

We started just outside of Eugene, camping at a unique campground with water features and a sauna. It was extremely unique.

We stayed there two nights, then rode 64 miles to the coast, and camped out at Honeyman State Park for two nights.

The next day I shortened the ride, as the RWGPS file said it was 100% paved, but I rode on at least six miles of loose gravel, going down at one point on my skinny tires!

We then rode north, but inland from the coast, and after a ten-mile ascent, the road turned to gravel for the descent back to the coast. Ugh! We did not have our gravel bikes! I took it slow and rolled into camp before Ed K, who took the longer gravel route!

We had a tsunami warning that night while camping on the coast, and the next day, most of us took a rest day, but still hiked for six miles.

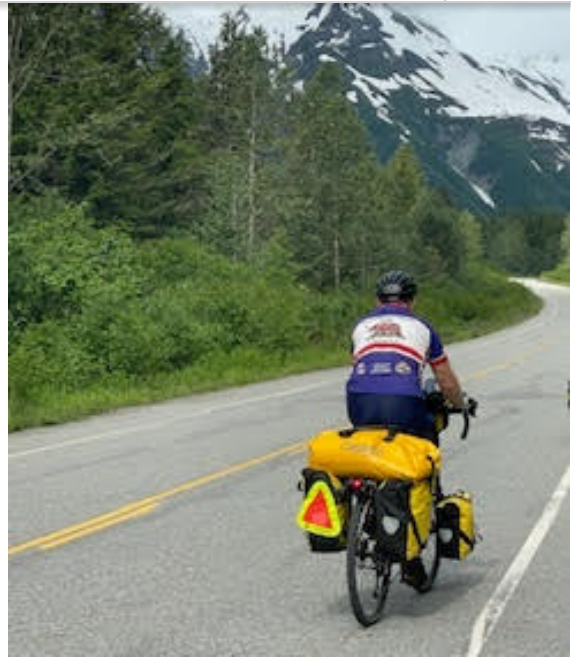
The rest of the tour took us back inland, along the Alsea River, and back into Eugene.

On the second-to-last night, a fellow rider (81 years old) tripped on his way to visit the facilities and fell on my tent at 0430. Tent poles broke, and my rain fly was torn, but I was able to splice the poles with some tape, and still camped the rest of the night and the next night. What a way to wake up in the middle of the night.

This was my first fully supported tour, with the leader carrying our gear in his van and shopping/cooking for all of us. Naturally, we pitched in for the preparation and the cleanup.

Fun trip, and made new life-long friends.

- Ed Craft



MERLO'S RIDE REELS

Ever wondered what inspired our past and present SFCC jersey designs?
Watch the following video to find out...and as usual, you'll find there's always more to the story. 🎬

Watch on YouTube ►

Video by Larry Merlo



Tired of rides that leave you wiped out? The **EZ Riders** are here for you! We're a fun new subgroup that loves the beauty of the Sierra Foothills—without all the grind. Our rides feature gentler hills, shorter climbs, and a pace that allows you to truly enjoy the view. Perfect for recovery days, busy weeks, or getting back in the saddle after time away. Come roll with us—easy miles, good company, and plenty of smiles guaranteed!

The rides are generally on Saturdays, but I can do Fridays or Sundays if people want. I also need ride leaders.

Thanks!
Jennifer Fink
jenniferfink6@icloud.com

2025 CLUB EVENTS

Berryessa/Pope Valley Enduro!

Kathy Welch

Saturday November 15th

Kim Moyano

Saturday December 14th

MIKE'S ANNUAL BIRTHDAY ENDURO

Mike Lopez

Saturday January 10th

Comes with cake and coffee! 🍰☕

All the details are on the calendar

Holiday Mixer 🎁

December 12th 6 pm

Victory Velo

Watch for Kim's email with all the details!

ANNUAL PICNIC, RIDE, AND RIDE LEADER APPRECIATION RECAP 🍂🍔🍪🚴

We got what we wanted: miles, **sunshine**, and the best weather we could have asked for, a great turnout, good food, and lots of smiles. Simple day. Good vibe.

The Ride Leader Appreciation was a highlight. We recognized the riders who kept the calendar full of rides and running smoothly.

Top Ride Leaders (tie):

Larry Merlo • Aaron Masters • Al Cassel • Roger Cox

Thank you to all the ride leaders who posted routes, pre-ride routes when needed, adjusted for weather and roadwork, and put real time and energy into leading—week after week. Thank you for all you do!



Check out the rest of the photos [HERE](#)

CLUB POLICY - GUESTS

Club Policy on Guests Joining Rides

We love seeing new faces at our rides and events, and we encourage you to invite guests to join us. It's a great way to grow our club and share the joy of cycling with others. To help ensure everyone understands our policy, here's a quick reminder about how guests can participate:

- **Guests are welcome to join us for one ride or event as a trial experience.**
- **To participate again, they'll need to become a club member.**

This policy allows us to give potential new members a chance to see what our club is all about while maintaining the benefits and support that come with membership.

If you have a guest who's interested in joining, feel free to share information about our membership process or direct them to the clubs [website](#). We're always excited to welcome new members into our community!

Thank you for helping us grow our club and for making it such a welcoming club for cyclists of all levels.

LET'S GET SOCIAL!

from rides and events, share updates, and keep members informed about upcoming activities. It's a great way to stay connected, celebrate our rides, and engage with fellow members!

On our **Facebook** page, you can:

- See and share photos from club rides and events
- Stay updated on upcoming rides and special events
- Connect with other members and share your cycling experiences
- Get important club announcements and reminders

CLUB MERCH



SFCC has purchased club stickers that are free to all SFCC members. These are custom-made with the SFCC logo on them and are approximately 5" x 3.25"



change.

deb2don.dh@gmail.com

Contact Deb if you're interested in ordering clothing.

Let's spread good vibes, not germs! 🎉



We all want to keep the group healthy and riding strong. If you're feeling off — coughing, sneezing, or running any symptoms — please take some time to rest and recover at home. 🤧

Even if you're starting to feel better but still not quite back to 100%, it's best to sit this one out so we don't pass anything around.

Let's be thoughtful and keep the good energy alive — no need to share germs when you can share a future ride instead! 🎉 Your health and the health of everyone else matters most. And remember, your health is our priority!

Craig

Cathy Casad

Maurice Casad

BOARD MEMBERS

Vice President | **Kim Moyano** | vp@sfcyclists.org

Secretary | **Linda Tobia** | secretary@sfcyclists.org

Ride Director | **Pamela Connor** | rides@sfcyclists.org

Treasurer | **Doug Parks** | treasurer@sfcyclists.org

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Webmaster | **Larry Merlo** | webmaster@sfcyclists.org

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Merchandise Chair | **Deb Hallford** | merchandise@sfcyclists.org

SFCC Consultant | **Larry Matz**

Bicycle Advocacy & Safety Team Chair | **Dana Hofheinz** |

advocacyandsafety@sfcyclists.org

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